

# Participants Needed!

The purpose of this study is to evaluate a brief webinar developed to help significant others provide social support for physical activity to young adult cancer survivors.

## YOU CAN PARTICIPATE IF YOU:

*Are a young adult who:*

- (1) Is between 18-39 years of age
- (2) Has completed primary treatment for cancer
- (3) Is comfortable reading and speaking English
- (4) Has access to the Internet and audio-visual device (e.g., computer with a webcam).

*Care for a young adult cancer survivor and are:*

- (1) Over 18 years of age
- (2) Comfortable reading and speaking English
- (3) Has access to the Internet and an audio-visual device (e.g., computer with a webcam).

## WHAT DOES PARTICIPATING INVOLVE?



Watching a 1-hour webinar



Completing brief questionnaires



Participating in an online focus group

## HOW WOULD PARTICIPATING BENEFIT ME?



Contribute to the development of a resource for other young adult cancer survivors and those caring for them



Obtain tips and guidance to provide social support to promote physical activity

## Want to learn more? Contact us!



[jenson.price@uottawa.ca](mailto:jenson.price@uottawa.ca)



(613) 562-5800 ext. 7300

This research has been filed with the Ottawa Health Science Network Research Ethics Board: OHSN-REB #20200329-01H; and the Social Sciences and Humanities Research Ethics Board at the University of Ottawa: Version 1; 2020-06-22.

### Webinar study

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